

AGENDA ITEM

REPORT TO THE HEALTH & WELLBEINGBOARD

29 MARCH 2017

REPORT OF THE MENTAL HEALTH TASK AND FINISH GROUP

ADULTS MENTAL HEALTH & WELLBEING NEEDS ASSESSMENT

SUMMARY

This paper provides an update from the Mental Health Task & Finish Group

RECOMMENDATIONS

The Health and Wellbeing Board have been asked to consider the update and to support at partnership level further engagement in the wider consultation process.

BACKGROUND

1. Prior to the formation of the task and finish group a Children and Young People's needs assessment had been written. Subsequently, work has been undertaken to develop an updated Mental Health needs assessment for adults. Both needs assessments will underpin the development of the Mental Health strategy.
2. As part of the development of the integrated Mental Health strategy, findings from both the needs assessments will be presented at a wider stakeholder event for input into the development of the strategy priorities.
 - Stakeholder event (3rd May 9.30 -12:30 venue TBC)
3. Within the detail of this update is a summary of findings from the Adults Mental Health and Emotional Wellbeing needs assessment.

DETAIL

4. In the UK mental health problems are the single biggest burden of disease with one in four adults expected to be diagnosed with a condition across their lifetime (Mental Health Taskforce, 2016). The impact of mental illness is far reaching, indiscriminate and influenced by a wide range of factors including deprivation, unemployment, education and low attainment levels amongst a range of others.
5. Mental health problems often surface during adolescence which highlights the need for prevention and early intervention; almost half of all diagnosable cases of mental illness in adults begin by the aged of 14.

6. The cost to the economy is estimated at £105 billion per year (Mental Health Taskforce, 2016), the largest single cost to the NHS. Costs to services including NHS and Social care was estimated at £22.5 billion in 2007, by 2026 the Centre for Mental Health estimates this cost to reach £32.6 billion. The estimated cost to Social Care (of the registered population) in Stockton Borough for 2015/16 is £6,397,300¹ (Curtis & Burns, 2016).
7. In 2016, 12,740 people in the Borough are estimated to suffer from mixed anxiety and depressive disorder.
8. GP registrants in the Borough have a significantly higher recorded level of depression compared to England.
9. Trends of future common mental health disorders do not show decline in prevalence.
10. Severe mental health problems are lower than England however the Borough has significantly higher levels of self-harm.
11. Social factors such as relationship breakdown, unemployment and family problems play a significant role in suicide as well as depression and alcohol.
12. Consultation and service engagement raised the following areas for consideration:
 - Promoting wellbeing and reducing stigma is important
 - Mental health advocacy
 - Transparency in decision making for service users and during service development
 - Improving multi-agency working
 - Service user engagement in service development
 - Improvement of dual diagnosis pathways
13. Service level data was limited but provides a general overview of current level of demand. Areas of deprivation seem to access adult and IAPT mental health services at the highest rate per 1000 population however IAPT data suggests that this group does not stay in service until completion.

¹ Average weekly cost £475

14. There is some variation in uptake of IAPT service by GP practice, however analysis does not allow for determination of warranted or unwarranted variation. A larger rate of women access IAPT support during the snapshot period, data was unable to establish if this was a trend. IAPT services locally meet all national targets in terms of take up, completion and recovery.

15. There is a significant proportion of hospital admissions for mental health compared to the England value in acute settings.

FINANCIAL IMPLICATIONS

16. There are currently no financial implications associated with this needs assessment.

CONSULTATION

17. Consultation was undertaken with service users, carers and members of the community within the Borough of Stockton-on-Tees. Information was also gathered through the use of a View Point survey.

18. Services included but not limited to those involved in mental health also supported the process providing feedback and information on local service provision.

19. The findings of both the children's and adults' needs assessment are to be presented to a wide range of stakeholders to discuss the findings of the needs assessment and agree priorities for the integrated strategy.

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